



Heatherwood School

October 2017



Paul Hills

a word from our Principal...

There are a number of events and changes that will be occurring during this term that need to be both planned for and that will require the support of the school community.

- The preparation for the new playground is going ahead and the area has been levelled, grass laid and the whole area looks terrific.
- While the building plans have hit a snag and may be delayed, we have to plan for the removal of the three sets of portables towards the end of this term. This will result in moving classes, finding storage spaces and altering student programs. With the support of Year 11 and 12 families and students, Senior School will be breaking up slightly earlier than previous years.
- We continue to strongly encourage families to be either contacting the NDIA or responding to letters from the NDIA to ensure that their child meets the NDIS criteria and is registered with the NDIS. If you are having any difficulties with the NDIS, please let the school know. If your child does not meet the NDIS criteria, it is even more important that you let the school know.

Date	Event
Fri 3 Nov	Curriculum Day <i>Students not required at school</i>
Tues 7 Nov	Melbourne Cup Day Public Holiday
Tues 14-Thurs 16 Nov	Portsea Camp—Seniors
Tues 14 Nov	Middle School Information Evening
Tues 21-Wed 22 Nov	Year 10 City Camp/Graduation
Thurs 23 Nov	THANK YOU Afternoon Tea
Tues 28 Nov	Junior School Information Evening
Wed 6 Dec	School Council
Thurs 7 Dec	Senior School 'break-up' party
Fri 8 Dec	SRC end of year Morning tea
Mon 11 Dec	Year 12 final day
Tues 12 Dec	Orientation Day
	Year 12 Graduation
Wed 13 Dec	Junior School 'break-up' party
Fri 15 Dec	Middle School 'break-up' party
Fri 22 Dec	Final Day 2017 EARLY FINISH 1.50pm
School Vacation	23 December - 28 January 2018 * Teachers return Mon 29 Jan * Students return Wed 31 Jan

- It is both an exciting and perhaps an unsettling time for our Year 12 students as they prepare to leave school and take up the opportunities and challenges their post-school options will offer. As a school, we understand that some students and their families may feel slightly anxious, so please let us know if we can assist you in any way, to ensure a smooth and successful transition.



Lesley Foster

Assistant Principal

All students are currently being assessed and we are starting to write reports. Often I speak to parents and carers to help with any concerns and to see how we can work together to 'lighten the load' and help each and every student. Speaking with you, listening to your concerns is very important and I appreciate the openness in these conversations. Working together means a lot to the school and we know that every family has individual and different needs. Thank you to all parents and carers who entrust us with the care of your son/daughter while at school.

Junior News

Maddie Campanaro

Welcome back everyone to a great start to Term 4.



Year 7 students, J3, visited Warrandyte for the Outdoor Ed Program. Students enjoyed the 4km walk, accessing paths and trails. It was fun identifying plants, animals and birds.

Students were shown how to use a compass. Everyone enjoyed the excursion especially learning how to use the hiking stove to cook.

The Humanities topic for Year 7 is **The Ancient World to the Modern World**,

and for Science the topic is **Physical Science – Light it Up**.

The Year 8 Humanities topic for this term is **Changing Nation** and the Science topic is **Biology and the Human Body**.

Some excursions will take place during Term 4 to extend understanding of these topics.



Woolworths Earn and Learn



The Woolworths Program concluded at the end of Term 3! Thank you to everyone who brought in stickers and sticker sheets. We collected 183 sticker sheets in total which is over 10,000 stickers. We will investigate what resources we can get for the school with our points and they resources will be delivered during Term 1, 2018. Well done to everyone in our school community



Lucky Find



Evan finds Good Luck!

Dragon Dummies
 Fire, Rescue Training Dummies
 Available in sizes and configurations for all fire fighting applications.
 Address: 27, Sunningdale Crescent, Ascot, NSW 2111
 Phone: 02 9575 5199
 Website: www.dragondummies.com
 ABN 45 981 425 684

AdvancE!
 Fire Wise - August 2017

Special needs students assist

Each Thursday morning, Year 9 students from Heatherwood School visit Warrandyte Fire Brigade.

During the visit students undertake a range of small jobs which benefits members by increasing the time they have available for training and other firefighting duties by reducing the volume of non-firefighting work they have.

Tasks undertaken include cleaning floors, washing windows, maintaining the kitchen, washing the fire appliances, cleaning inside the appliances, gardening and maintaining the grounds. They also learn about volunteering.

The students are supervised by volunteer firefighters and two teachers during these visits.

Working at Warrandyte Fire Brigade helps the students gain valuable skills that will help them when they leave school.

Heatherwood students have special needs and generally have a mild intellectual disability. This means these people experience significant difficulty in managing their lives without support, even as adults.

However, with appropriate training and experience, students can go on to live independently and contribute to society.

Throughout the year, the students visit a number of other work places as a way of broadening their introduction to work. All is in a voluntary capacity.

The purpose of these visits is to introduce students to the concept of work. As a part of the school curriculum, they are introduced to experiences such as working in a team, being responsible for their own work standards, being supervised and taking pride in their work. The students also benefit from using everyday household items and tools and discovering what they are interested in.

All work the students undertake is linked to opportunities in the outside world and also living independently.

Brigade members are grateful for the efforts of the students, and the students simply love working in this environment, especially when they get to work on the fire appliances.

It is a wonderful example of how communities can support each other by working collectively to achieve diverse outcomes.

The pamphlets students to take part in survey as part of community attitude awareness of volunteer firefighters.

District 16 Officer Manager Bernie Firefighters had a good level of feedback.

"We're trying to get what the local community Ararat know about, about, the fire brigade said.

"Fire brigades are volunteer based and it's that we reflect the communities we serve and protect."

"We're trying to make that the community stands what we do, we're doing what it is up to us to do."

Bernie said early on indicated that most had a basic idea of what the brigade did but not the range of activities.

"We have got a lot of responses back so far. We have also had the joy of contributing postcards, waiting for them to come back in," he said.

Captain Greg (Ararat) said he was particularly interested to see how much the community knows about the brigade.

"It's easy to take fire brigade a bit for granted, sometimes, but you never really stop to think about it across the whole year."

PLANNING FOR THE 20

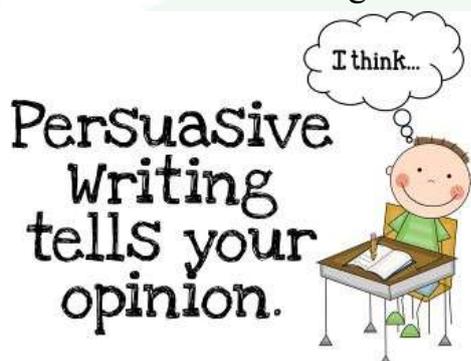
The Victorian Police and Emergency Services Games will be held at the... of teams, the arrangement...

Prompt...

Are the dykes and walls in the Netherlands going to be able to keep out the North Sea?

Zac M6

I think that nature will eventually win because the land will sink or the water will rise to the point it will go over the wall and kill a lot of people. I think that the Netherlands are not viable because of climate change.



Kevin M6

I think people will move to the Netherlands because they have more land.

The reason I would to the Netherlands is that they have good land and it never rains. It is always sunny every day and they always have better ideas. They will make a safe country.

I think people in the Netherlands are very inventive.



Phys Ed & Sport News

September Review

Sam Ditty

SSSSA Football & Netball Carnival Day (Friday 1 Sept at Greaves Reserve and Netball Stadium, Dandenong)

Footballers and netballers finished off the winter sports season with some outstanding team play through the Interschool round-robin day. Heatherwood School was on the leader board throughout the day was a few great final results: Netball A Grade **Runners Up** and Netball B Grade **Premiers**.

AFL State Special School Grand Final (Thursday 14 Sept at Trevor Baker Oval, Sandringham)

Four students from Heatherwood School were selected to join a representative football team as part of the South-East Special Schools to compete in a grand final match against the North-West Special School Representative Team under the AFL Victoria Herald Sun Shield Competition. The students, Dean Mitchell (M5), Daniel Milone (M9), Leigh Dalziel (S6) and Charbel Faljoun (S6) along with 18 other keen footballers from a number of other South-East schools competed with determination and outstanding skills. I am pleased to say that SSSSA were **Premiers** on the day, over NSSSA with the final score of 7.10-52 to 2.4-16. Congratulations to the South-East Representative Football team.

SSSSA Athletics Carnival Day (Friday 15 Sep at Ringwood Athletics Track)

Interschool Athletics Day was a great display of athleticism, strength and power as the selected Heatherwood team competed in many track and field events. Great to see some of our Year 7 students joining the team for the first time and our more senior students supporting them along the way. Teamwork was outstanding; congratulations to the team and the many ribbons they took home.

House Team Sports Day (Friday 22 Sept at Heatherwood School)

Students got to enjoy good weather on the last day of Term 3 to participate in a House Team Sports Day whereby all students were involved in one of the following sports for the day:

Basketball, Soccer, Volley Stars, Lawn Bowls or Down Ball. We saw great teamwork and skill displayed through the House v. House round-robin matches and even saw a competitive nature come out of some students to earn the winning points.

Results

- Term 3 House Achievement Trophy
Winners: **Evans House**
- Term 3 House Team Sports Day Trophy
Winners: **Pearson House**

October Review

State Hockey All Abilities Championships (Thursday 19 Oct at Knox Regional Centre, Wantirna)

16 Heatherwood students have competed in the first State Hockey Championships run by Hockey Victoria. Students competed in a round-robin competition with one of our three teams **taking out the winning trophy** for the B Grade competition! Four Heatherwood students were named in a State All Abilities Representative Team: Rachael Potter (M5), Renee Anger (M6), Eadoinah Lavin-Hosking (S6), Heath Parrott (S6). Congratulations to all State Hockey Teams.

PE Tennis Program (at Heatherwood School)

J1, J2, J6, J7, M1, M2, M3 and M4 classes has been fortunate to be participating in a Tennis program funded by Special Olympics and run through Nunawading Community Tennis Club at Heatherwood School. The program is focusses on a student's eye-hand coordination, control of the tennis racquet when hitting the ball and most of all developing a sense of fun for the sport of tennis. It has been fantastic to see the amount of activities and challenges all students have been involved in. Remember to bring hats/caps and water bottles for Tennis each week!

PE Gymnastics program (at BTYC Gymnastics Centre, Donvale)

J3, J4 and J5 are involved in a four week unit of gymnastics at BTYC Gymnastics Centre this term. Students are participating in many activities working on body movement and fitness components through the gymnastics apparatus of the beam, rings, bars, trampolines and floor equipment. Students are challenging

themselves whilst developing such skills of balance, strength, power and flexibility. Great to see so many students giving it a go and trying to extend their skills to the next level. *Remember your water bottles!*

PE and Sport Reminder

As the weather is getting hotter, please remember to bring **hats and water bottles** to school every day and especially to Physical Education and sport-related activities. Please *apply sunscreen* each morning and bring a small roll on sunscreen to school to reapply during the day. Stay **cool, rehydrate** your body and protect your skin - hats, water bottles & sunscreen!



★ WINNER ★



★ WINNER ★



★ WINNER ★

Digital Technology NEWS

Tech Tip – What is coding? Why do we teach it?

Coding is a huge buzzword in schools at the moment. There's plenty of talk about coding being the skill of the future and that more and more jobs will require people to code. You may, hopefully, have heard your child talk about doing coding in ICT at school.

But what is coding?!

When we first ask students what they think coding is their typical responses are that it's about **making games** and **hacking**. While these certainly involve coding, it's much broader than that.

Basically, coding is giving computers, robots and other digital technologies instructions to get them to do what we want. You may have also heard people call this process computer programming. All digital or automated technology has been coded/programmed, including anything from supercomputers and DNA sequencers down to traffic lights and toasters. Any software, app, computer game or website that you use has been designed and programmed by coders.

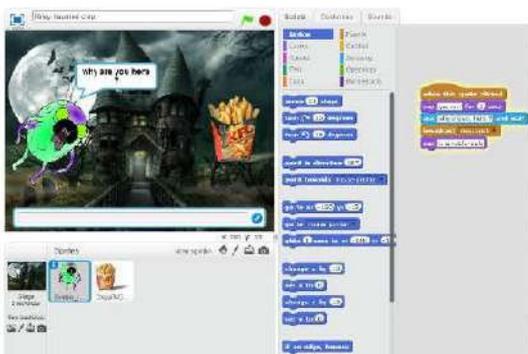


How? Unfortunately, computers don't speak plain English, they follow a range of coding languages designed for different purposes. For example, game developers are more likely to use **Python**, **Scratch** and **Kodu** while **HTML**, **PHP** and **CSS** are better suited for creating websites. These languages can be tricky to grasp and require a lot of typing. A single spelling mistake or misplaced bracket can throw the whole program off.

```
defp say_answer(true) do
  "YES! Even result found."
end

defp say_answer(false) do
  "No."
end
```

To teach the concepts of coding in a fun and accessible way, we use block based languages, like **Scratch** or **Blockly** that allow us to drag and drop sequences of commands that click together to create a program without any typing.



Why? Through coding, students move from being passive technology users to technology creators! They have gone through the process of dreaming up an idea for an app or game, problem solving to make a program they think will work, testing it and then fixing any bugs (problems) along the way.

Even for students who may not use coding in their work or leisure in the future, the thinking skills developed through this process are excellent.

There are many great resources for those interested in getting started with coding. We recommend <https://code.org> to begin with. Remember, **it's never too late to start coding!**

SRC Update

Lynda DenElzen

FUNDRAISING

Starting 16 October to 27 October, SRC will be selling **bandannas**. Bandannas cost \$5 each.

There was a **free dress day on Friday 27 October**.

A gold coin donation was collected.

REMEMBRANCE DAY - 11 November

Heatherwood SRC will be selling merchandise on behalf of Doncaster RSL. The items for sale are **wristband for \$3, poppies for \$2 and badges for \$1**.

These will be for sale up to Friday 10 November.

RYAN SMITH Morning TEA

On Thursday 26 October selected students attended a **morning tea** with Mr. **Ryan Smith MP**. Mr. Smith came for a visit in June, and the October visit was for students to discuss programs at Heatherwood School and initiatives involving SRC.

Science Term 4

Mark Nowak

Year 7

During this last term of the school year, the Year 7s will be investigating **Light**, how it moves and behaves and the impact sunlight has on Earth. They have already experimented with changing light's colour and had fun creating their own shadow puppet theatre.

Year 8

This term Year 8 will take a journey around the **human body** and gain an understanding of how all the systems work together to keep these marvellous machines going. They will explore the circulatory, respiratory, digestive, reproductive and nervous systems. They will consider advances in medical science and think of ways they may be able to help people in the future.

Year 9

Year 9 students will be looking at the broad topic of **Energy**. They will examine how we use renewable and non-renewable resources to create the energy we need for everyday living.

Year 10

What is momentum? Newton developed his Three Laws of Motion to explain this concept. Year 10 students will conduct various experiments

to examine the relationship between force, mass and acceleration.

SCIENCE JOKE OF THE WEEK



**Never trust an atom
They make up everything!**

Learn to Work Program (LTWP)

Mark Walker

Independence Through Empowerment

There are numerous success stories, present and past students. The LTWP is designed to focus on the individual strengths of a student. When a student focuses on their passion in the forefront of their mind, it often takes precedence to their "different abilities." To quote a class motto from a Year 11 teacher, Ken Igba, "Ad Vitan Paramus" - *We are preparing for life.*

Congratulations to...

Jayden Laukart

...has obtained **full time employment + traineeship** with Opal Salford Park Aged Care to **commence initially a Cert II Parks and Gardens**

Jordan Barry

...has obtained work placement for Thursdays and Fridays with Parallel Paving and Landscaping in addition to **part-time employment (30 hours per week)** with Woolworths.

Bridget Higgins

...has secured **work placement** at Brooklea Residential Aged Care, Donvale

Katy Johnston

...after completing nearly a year's work placement through the LTWP, has commenced a **Cert III** at Honey Beez Early Learning Centre.

Watch this space for more amazing outcomes for our Heatherwood students.

All things are possible to him who believes.



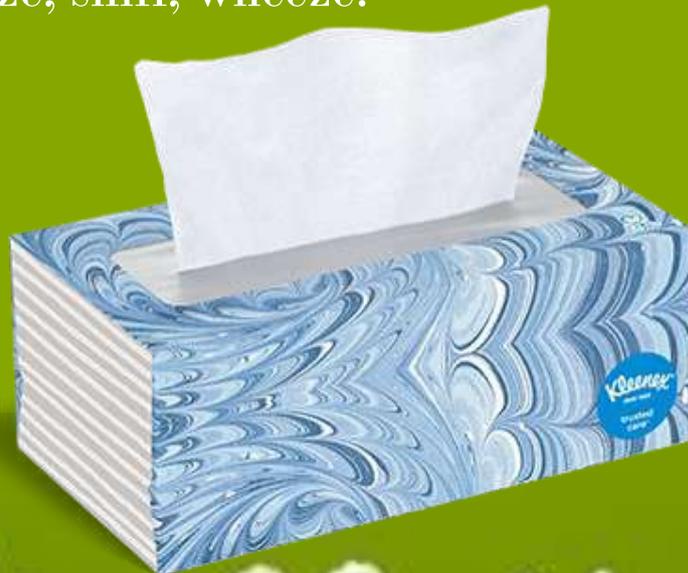
Trade Kitchen



M6

Spring has sprung

Hay fever season
Bring out the tissues
Oh! That pollen - sniff... sneeze... wheeze
Birds chirp, whistle and sing
Looking for a mate, don't be late
Daffodils, spectacular blossoms
Yellow daisies in the lawn
Spring Carnival; horses and roses
But it's all about the noses, **NOT ROSES**
Sneeze, sniff, wheeze!





Nutrition Week

- Lots of activities to encourage healthy eating.
- **Try for 5** Challenge during Nutrition Week has seen lots of vegetables being eaten. *Well done* to everyone – especially if you tried new vegetables!
- Thank you parents and carers for your support and encouragement and we hope everyone will continue to ‘Try for 5’ each day’.
- Homecrafts classes have all been vegetable-focused, with lots of fun activities.
- All classes shared and enjoyed delicious fruit platters following a generous donation of fruit and vegetables during the week.
- Friday afternoon activities included ‘taste testing’ cakes and guessing the ingredients (*including vegetables!*)

Staff Cook-off

- Four staff teams cooked an Entrée and Dessert
- Used at least 5 vegetables
- JUST 1¼ hours prep time
- Students watched on – in the kitchens and on live stream to the classrooms
- Judges were Blanche Persich, Danielle Di Cosmo and from Coles, Manager Rob Valente and Karen.

**Congratulations to winners
Fady Melhem and Suzi King.**



Nutrition Week



Cook-off!

Visual Arts - Year 10 Exhibition

Students created work relating to a global or personal issue



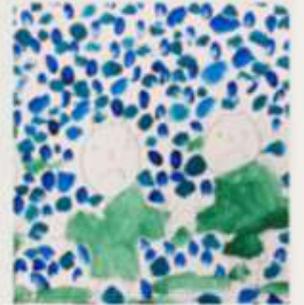
Annie Gong

- There is rubbish in the city. People are sleeping in the streets in the rubbish.
- They beg to live because they have no food.



• Artist: Phillip Bond

- It is about water pollution and how people have been littering and using bottles to make homes. Use a reusable water container



• By Sian Hamilton

- My work is all about homeless people being sad and lonely. A man is very upset. He is sitting in the rubbish.



• Artist: Kevin Trinh

- He is trying to find clean water and food to eat. The environment is so polluted that he is trying to survive.



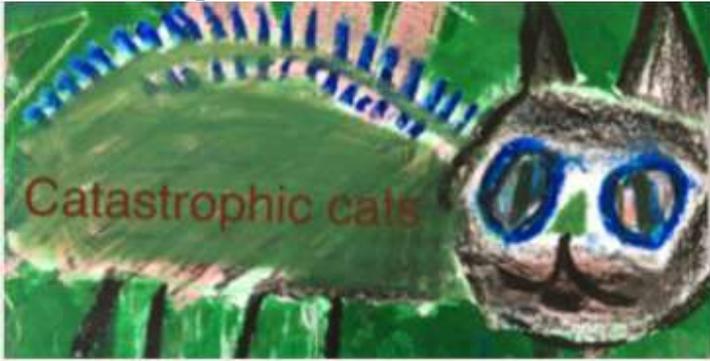
REAL LIFE PROBLEMS

By Rachael Potter
My work is about the destruction of people trying to



Visual Arts & PAWS - Positive Animal Well-being Support

Students will be presenting this work at Melbourne Zoo. Year 7 and 8 have created illustrations, and made books, sculptures and flat cats. There will be an exhibition in the House.



animals around the world.

- We decided that their were two issues that we thought we could make change.
- Cats in Australia and being a responsible pet owner.
- Balloons that fly into the sky create environmental



made books.

- We will sell our books and the money will go to local community groups that work with wildlife.
- This money will help them save some animals that were attacked or needed help due to



endangered species program.

- Responsible pet ownership
- Our school students come from many different areas so we decided that sharing our knowledge about animals in books supports our learning.
- We are active extinction learners who care.



and then they come down.....

- As rubbish and litter
- They can go anywhere
- They can land in waterways
- They can land in trees
- They can land in the sea
- Plastic, latex, strings all take



Artist- Mitchell Gee.

This piece of work has artwork about our zoo on both sides. We want to recognise the work of zoo,s for endangered



- What is wrong with a balloon?
- Why would you say happy birthday with bubbles?
- Can balloons create issues for endangered



Support program- P.A.W.S



USA Camp 2017

Jo Larkin

After 17 very long and extremely exciting days exploring the United States of America, 19 tired students and five staff returned to Australia on Tuesday 19 September.

The 2017 USA camp is the 5th that Heatherwood School has offered and the students are to be commended on their behaviour and ability to adapt to the changes that happened on a daily basis with **new cities, meeting new people, new public transport systems** and learning to **get along** with your tour mates as there is not much opportunity to get any personal space!

There were many brilliant moments such as;

- Alicia's response to a New Yorker telling her on the subway that he *loved her accent*. Alicia replied, "What accent? I don't have an accent. You do!"
- Lachie finally arriving at Disneyland after he had dreamt of going there all of his life
- Brohdi dealing with so many flights like a champion
- Xavier being taken on stage to dance at the Lau dinner
- Hayden's impromptu performance with a street performer on Santa Monica Pier

and so many other fantastic moments that I could fill a newsletter with our stories.

Highlights of the camp;

- **New York**
- **Washington DC**
- **Canada**
- **Toronto**
- **Los Angeles**
- **Hawaii**

These are memories the students and staff will cherish their entire life, with many saying they *cannot wait* to start saving again and explore the world.



JCAAA Saturday Night Fever 2017!

Saturdays:
~~21 October~~
18 November
02 December

Location: St Kilda Sports Club
66 Fitzroy Street, St Kilda.

Age: 18 years +

Time: 7.00pm to 10.00pm

Cost: \$15.00 entry, includes pizza, snacks and glow stick (carers free)

Prepayment: [eventbrite](#)

Note: There is no strobe lighting or balloons.
Please contact JCAAA on 9209 6706 / 9209 6159 or email jcaaaenquiries@portphillip.vic.gov.au for further details.
For enquiries on the night please contact 0401 063 412.
This number is only on during Saturday Night Fever hours.



PARENTING ADOLESCENTS 10-15 YEARS

Parenting Adolescents is a program for parents of young people aged 10-15 years of age.

Over 6 weeks the program will cover a number of topics including:

- Understanding adolescent development
- Setting boundaries & limits
- Consequences
- Strategies to deal with adolescent behaviours
- Respectful communication
- Problem solving
- Anger
- Self-care

In addition to these topic areas, the program will give parents the opportunity to share their experiences and learn from each other.

WHEN
Starts Thurs 26 Oct and finishes Thurs 30 Nov 2017

TIME
Thursdays 7pm - 9.30pm

WHERE
Monash Civic Centre
293 Springvale Rd
Glen Waverley

There is no fee, bookings are essential as places are limited.
To book call Libby or Emily on 9807 2500.



Parenting Anxious Children Seminar

Does your child or teenager worry, feel anxious and seem stressed at times?

Would you like to gain a greater understanding of anxiety and learn some helpful strategies to support your child?

Learning to cope with anxiety, stress and fear can be deeply challenging, not only for children but also for parents and the family.

The Anxiety Recovery Centre of Victoria (ARCvic), a specialist state-wide mental health organisation, is passionate about educating parents so that they can feel emotionally strong and empowered to help their children.

Monash Early Years & Family Services and ARCvic invites you to join either one of our Parenting Anxious Children seminars

Topics to be covered include:

- » Understanding anxiety and normal childhood development
- » How personality and environment contribute
- » The signs and symptoms for you and your children
- » Methods and strategies for you and your children
- » Relaxation exercises
- » Tips on building resilience
- » Where to go for more information and help
- » Take home material to support your learning.



DATE Friday 10 November
TIME 10.30am – 12.30pm
WHERE Monash Civic Centre, Function Room, 293 Springvale Rd, Glen Waverley

OR

DATE Tuesday 14 November
TIME 6.30pm – 8.30pm
WHERE Batesford Community Hub, Seminar Rooms 1 & 2, 94 Batesford Rd, Chadstone

Seminars are free. Bookings are essential as there are limited places.

Please contact: Rebecca Giles on 9518 3571 or Rebecca.Giles@monash.vic.gov.au



Join us



NDIS Support for Carers

We offer three types of sessions:

- **Plan My Future**
Support to complete the Plan My Future workbook which focuses on the care recipient's goals.
- **Carer Statement**
An opportunity for you to write a letter to the NDIS planner explaining the impact of your caring role.
- **Carer Goal Plan**
An opportunity for your carer to reflect on your own needs, goals and wellbeing.

At our Carer Hub in Forest Hill, we can support you as you prepare for an NDIS planning meeting.

To register your attendance for a session www.research.net/r/carerhub

If we already have your information, please register your interest by emailing events@lifeassist.org.au

Date
Every Wednesday

Time
9:30am – 11:30am

Venue
Whitehorse Community Centre
Level 1, 79 Mahoneys Road
Forest Hill

Get in touch
T: 03 9239 2500

