



Heatherwood School

February 2017



A word from our Principal, Mr. PAUL HILLS

It has been a very first busy term.

New Buildings

Unfortunately we have no definite plans for the new buildings. We are still negotiating with the Department and our architects to achieve the outcomes for not only our present student body but also for all members of our future school community.

NDIS information night

The school held its first NDIS information night last Tuesday for the Year 11 and Year 12 families to inform parents of the need to prepare for the NDIS, particularly for those students leaving school in the next two years. The evening was well supported. While the school is strongly committed to supporting families engaging with the NDIS, the great responsibility lies with families to engage with the NDIS and its processes. Future information nights for the whole school will be held later in the year. Planning meetings for our current Year 12 students will be held in early Term 2.

SSG

Thank you to the members of the school community who attended and involved themselves in the parent, teachers' conversations held at the school.

School Council

The new school council met for the first time last Wednesday night. The council consists of Stephen Worrall (President), Kim Doherty (Vice President), Michael Eefting (Treasurer), Lynda Hamilton, Michelle Aitken, Ayman Shaheen, Donna Goldsmith, Lesley Foster and Ben Souvatzis. On behalf of the council I would like to thank Mr Lou Barrow who has retired from the council for the contribution he made.

change of date
Curriculum Day is now...
Monday 5 June

Date	Event
Fri 31 Mar	Last day Term 4 Students dismissed 1.50 pm 1 hour early
Mon 17 April	Easter Monday Public Holiday <i>Students do not attend</i>
Tues 18 April	First Day Term 2
Tues 18-Fri 21 April	Year 8 Camp ~ Rubicon
Wed 19 April	First Day Trade Kitchen Term 2 <i>not open Tues 18 April</i>
Tues 25 April	ANZAC Day Public Holiday <i>Students do not attend</i>
Mon 1 May-Fri 5 May	Year 10 Camp ~ Anglesea
Mon 5 Jun	Curriculum Day ~ Monday 5 June <i>Students do not attend</i>
Mon 12 Jun	Queen's Birthday Public Holiday <i>Students do not attend</i>
Tue 13-Fri 16 Jun	Year 7 Camp ~ Phillip Island
Wed 28 Jun	Debutante Ball
Fri 30 Jun	House Day ~ Athletics
Fri 30 Jun	Last day Term 4

I would also like to pay tribute to Mr Terry Lant who was a member of the council and a great supporter of the school for over 35 years. His great passion, positiveness, enthusiasm and support will be greatly missed. Terry passed away earlier this month.

Debutante Ball ~ Wed 28 June

There is a great deal of work and organisation that has to occur to make the evening the outstanding success that it is. It requires commitment from the staff and students involved and a huge amount of support and patience from both parents and carers involved.

I hope that everyone enjoys a relaxed and safe holiday period and look forward to working with you next term.

a word from the Office...

Curriculum Day change of Date

It was passed at Leadership last week (20 March) to **change** the **Curriculum Day** from 9 June to **5 June 2017**.

(We apologise for any inconvenience to staff and organisation).

This change of date has provided the school with the opportunity to secure a valued presenter to work with our staff. **His name is Bryan Jeffrey**, director of MOAT Mental Health Services.

This service works with Eastern Health and a number of Health Organisations across Melbourne and beyond. Bryan was a keynote speaker at the Australian Association of Special Education /Principals' Association of Specialist Schools' conference in Melbourne last year, where he captivated the audience with his presentation on working with young people whose life experiences have caused issues or distress.

For Heatherwood, this is an opportunity to develop the understandings, the knowledge and skills to support our adolescent students through, what is for some, a very difficult period in their lives.

MOAT has the following vision and purpose statements on its website. Knowledge is the key to mental well being and We teach to inspire, to inform, empower and change. The website is

www.moat.com.au

Bryan Jeffrey

Bryan Jeffrey is a Registered Psychiatric Nurse, and has been employed in a range of senior clinical positions in Child & Adolescent Mental Health Services (CAMHS) and Adult Mental Health in Scotland, and latterly in Melbourne, Australia.

Throughout his career, Bryan saw gaps in mental health literacy, in people who were hungry for knowledge, and decided to focus the attention of MOAT: Mental Health Services on meeting these needs.

Ranging from delivering keynote addresses at national conferences, to providing workshops for small groups of staff and carers – Bryan's passion is in mental health training.

Fostering Kids Conference – Keynote Address

Bryan was invited to deliver a keynote address for the New Zealand 'Fostering Kids' National conference in Auckland.

Watch Bryan Jeffery's keynote by following this link: www.moat.com.au/about-us

In October 2012, Bryan Jeffrey launched his new book "*Sometimes Life is Tough*" at the Foster Care Association of Victoria's national conference in Melbourne.

The book written specifically for children in 'out of home care' settings.

Why do kids in care express and experience emotions slightly differently to their mainstream peers?

What are the things that they missed out on during their informative years, and what can be done about it?

Can we tell these kids that there is hope?
Can everything work out OK?

Thankyou to staff for your understanding, we look forward to welcoming Bryan to Heatherwood.

2017 Yearbook

The 2017 Yearbook will **ONLY** be ordered for your student, if the \$25.00 charge has been paid in full.

NB: payment in full is required **before** November. **Reserve YOUR copy now!**

Parents and Carers

- Parking can become a major problem for the school, especially at **drop off** and **pick up** times. You could greatly assist by parking in the **lower carpark of the Manningham DISC** (next door to the school) and walk the pathway into the side entrance. Your cooperation would be greatly appreciated.
- **Please remember**, if you wish to speak to a teacher, your first point of contact is with the Office who will contact your requested teacher. *If they are unavailable*, Office staff will gladly take a message.
- Please make sure all your students' clothing is **clearly labelled** with their name.
- Remind your young person **NOT** to share food with other students, due to health and safety reasons.

Lesley Foster Assistant Principal



Thank you to the Heatherwood Community for providing the support to the school for an active and productive start to 2017. I am pleased to report that the students' transition to a new school, to new grades, to new teachers and staff has been positive. As I travel around the school, I notice the confidence in students, and I am always pleased to see their growing independence. Respect, doing your best and helping others are the character values we build and acknowledge in students' demeanour and behaviour.

Student Support Group Meetings

We appreciate the high attendance of families and carers who have attended the school over the last two weeks to discuss goals and opportunities for your young person this year. The Individual Learning Plans provide a road map for progression and are strengthened by your conversation with teachers. We appreciate your feedback via the Feedback Form and will take into account any requests. If you have not been able to attend, please contact your child's teacher by phone, diary or email as we will do our best to accommodate your visit at a time suitable for you.

Doncaster Secondary School Students

Over the last five weeks, we have had a group of students attend on Wednesdays, 11.00-12.30 working with some classes as part of the Duke of Edinburgh Award and the ADVANCE Programme. Students have assisted in English, Maths, Art, Homecrafts and Computers. Feedback from the Doncaster students highlights the valuable experience for both schools. *'The Year 8 and 10 classes that the Doncaster Secondary students have attended, have been more than enjoyable for us. All students worked extremely well with us during their class time. When we arrive back at our own school (Doncaster Secondary College), everyone is buzzing from another fantastic day spent with the Heatherwood students. No negative feedback has been said during our class discussion about our visits. We are all extremely thankful that you have provided us with this amazing opportunity to know our*

community better. We hope that you allow following year levels and students from our school to take part in more classes with your students in the future. We wish we could stay longer at your school and we wish your students all the best, they definitely have so much potential to do the most amazing things in life.' **12 Doncaster College students**

English Initiative

Next term we have an English Consultant attending the school, Antonia Angelopoulos. She will be working with the students in the following classes - Stephanie Walker and Emma Collins, as well as providing professional observations and material for staff. Heatherwood's aim is to improve the writing ability of all students by introducing *The Writing Model*, a method which has been successful in other schools. Robin Vierke, a teacher at Heatherwood, is also working with grades across the school to deliver training to students and staff.

Heatherwood Curriculum

The 2017 curriculum documents have now been completed and published with Units of Work for each Learning Area (Subject), for each year level and term. These documents are in line with the new Victorian Curriculum. I thank all the teachers on the 2016 Curriculum Teams whose collaboration and perseverance contributed to the quality of this material. With these documents, we can continue to provide consistent, sequential and improved planning, teaching and learning for students at Heatherwood.

Braham Morris Assistant Principal Middle School Leader



Even though the term is nearly over, it does not seem that long ago that we started the 2017 year. Students in general have had a wonderful start to this year.

Uniform has been 'spot on' this term and I encourage all families to make sure that students have the appropriate uniform for the colder months of winter. **Remember hoodies** are not allowed to be worn at school.

Towards the end of term, all students travelling on **public transport** had a session on how to

be safe on public transport. Students were reminded about their responsibilities as public transport users and what to do if they do not feel safe. Students were also reminded that if they were not travelling directly home, that they should communicate where they were going to their families. **Remember** MYKI cards and proof of concession should always be carried and used on public transport.

I look forward to seeing all students next term and hope that everyone has an enjoyable and safe break.

Warren Gaff
Assistant Principal
Senior School Leader



NDIS Information Evening

On Tuesday night, Heatherwood School conducted its first NDIS Information Evening for families and carers. We had two presenters, Janice (Onemda) and Michelle (parent), who spoke brilliantly and gave the families and staff who attended a great deal of information and positivity about the NDIS process. It was a fantastic opportunity for the families and carers of our exiting students, and from other year levels, to get the “ball rolling” with regard to establishing eligibility for the NDIS, what can be done to support this process and how to go about doing it. As the responsibility for this process is with the young person and their family, it was information that was both timely and well received.

In putting this evening together, our intention was for families to take with them the following information and suggestions:

- The NDIS is a participant-centred process and scheme
- Not all applicants will be eligible for NDIS support
- The roll out for the NDIS for many of the Heatherwood School community will begin on 1 November 2017. It may take many months before eligibility for the NDIS is established and plans are developed

- Families and Carers, along with the participant, drive the application for and development of the NDIS plan
- The school can support the plan development by providing information and facilitating the identification of a suitable post-school option
- Families are advised to be pro-active and visit post-school options ASAP, preferably with the student. Ask plenty of questions when you are there
- Become familiar with the NDIS website and subscribe to regular email updates
- The LAC (Latrobe Community Health) will help eligible participants with their NDIS plans
- The first plan is the here and now. Your second plan will be around long term goals
- If contacted by the NDIA during the roll-out, we advise families and carers to request a face-to-face appointment with a planner to put together the plan.
Do not finalise your plan over the phone.

A special thanks to Anthony Lenaghan and Jill Simpson for driving the organisation of the evening and the creation of supporting materials. Thanks also to Paul Hills and Loren Morena for supporting and driving the planning process. A final thank you also to the families and staff who attended and supported the evening.

2017 Term Dates	
Term 1 School Vacation	01 April - 17 April
Term 2	Tues 18 April - 30 June
School Vacation	01 July - 16 July
Term 3	17 July - 22 September
School Vacation	23 September - 08 October
Term 4	09 October - 22 December
School Vacation	23 December - 28 January 2018

The Arts

First term is always a busy one for the Visual and Performing Arts team. The new Arts facilities are enabling exciting new curriculum developments in all areas particularly where the electronic media is involved. Students in Visual Arts have begun experimenting with 'animation' using figures made with bendable bodies and limbs filmed against a green screen to which vivid scenery can be added as a subsequent project. The students are enjoying watching their characters move in lifelike motion filmed one frame/movement at a time. The process is slow deliberate and careful but the results are fantastic. The students are learning visual art skills in addition to being patient, persevering and planning carefully.



The Performing Arts has seen the students of **Middle School** begin the preparation of class documentaries to be shared at Friday assembly.

The students of the **Junior School** have begun preparation of 'soap operas' that will be sure to amaze and shock everyone.

The **Seniors** have begun their entry to the Drama Victoria Theatre Festival, which is already promising to be a great experience for our students.

We are all enjoying the fabulous new facilities that the drama room now provides. It has all the workings of a first-class media facility that the students are learning to make full use of.

*Tony Walker
Head of Arts*

Information

ALERT—SCAM phone calls and emails

The National Disability Insurance Agency (NDIA) has posted a warning on their website about a scam attempting to collect personal information.

Protect your personal details

The NDIA is aware of a potential scam involving participants of the NDIS and the attempted collection of personal details by a third party.

Please be aware that the NDIA will **NOT** ask for personal information, such as Centrelink details, over the **PHONE** or in an **EMAIL**.

If you receive a phone call or email from someone claiming to be from the NDIA and requesting this information, **DO NOT** give them any information. Take the person's contact number and their name and tell them you will call them back.

What to do

If you believe it is a scam, please report it to feedback@ndis.gov.au or your local NDIA contact or call 1800 800 110. They will be able to confirm whether the caller was from the NDIA.

Visit the Privacy section on the NDIS website to find out more about the NDIA's procedures for handling your personal information.

[ndis.gov.au/privacy](https://www.ndis.gov.au/privacy)

M6 Narrative Challenge

Attack of ...

Have you ever considered being attacked by Spring, boredom or?
Be astonished, as you read of attacks of...

spring (created by **Zac M6**), and of
boredom (created by **Dylan M6**)

Attack of Spring

It was nearly the end of winter. I felt bad for people with hay fever, tomorrow winter ends and spring comes along. I ~~was~~ woke up I started sneezing uncontrollably. My mom and dad thought I was sick for a few days I was in bed and dad gave me cold medicine and dad took me to a doctor. The doctor told dad and I that I have hay fever. I was in sick ~~bed~~ and I hated every last minute of Spring.

Attack of Boredom

Dear diary it's the 4/11/2001 it's my first day at my job in the world trade center and it's so boring. It's just an office job but hey there's some good things about it.

The people are good and the towers are so big that I'm looking at world floor. One hour later...

It's dark I can't breathe and I can barely see, except for outside but I just hear people screaming and stuck inside I can't get out. I hear the tower creaking I just want to say I love it.

Junior School

Term 1 has drawn to a close. It has been a busy term with students producing good assignments. They have been focusing on their specific goals.

Thank you for your SSG participation.

Year 7's have studied the animal kingdom this term in Science and are looking forward to an exciting excursion to Melbourne Zoo on Wednesday 29 March. In preparation for this, J1 and J2 had a walking excursion to nearby Koonung creek to try and catch some insects.



It was a lot of fun and everyone demonstrated a safe and positive attitude to being off campus. We are looking forward to finishing the year 7s first term of high school on a high!

Year 8s have enjoyed studying Vikings this term. The Viking morning was a success

with the display of shields, long boats and helmets. All students developed an appreciation of Viking life and culture.

Year 7 students will be looking forward to the Phillip Island Camp in Term 2.

Year 8 students will be attending the Rubicon Camp the first day of Term 2 April 18th. Thank you for all your payments and forms. Please remember to bring a snack, lunch and a water bottle for the first day. Thank you.

Have a great holiday and keep safe.

J6

On 7 March, J6 went on their first Outdoor Education excursion. Anthony, Francesca and Campbell took us to a beach called **Ricketts Point**.



Before we left the school, we had to learn safety signals using our hands. It was a long drive and when we arrived, we had morning tea.

We saw a sleeping possum. I think she was a Mum because she had a baby on her back. We then jumped back into the bus and hit the waves. The weather was amazing and we all jumped into the sea.

Even our teacher Sally got wet!

After our great swim, we had lunch and headed home to school.



**It was an awesome day.
Thank you to the Outdoor Education team.**



PAWS

*Hi, the PAWS program is up and running for 2017.

Students are motivated, caring and dedicated to both our school pets and the environment. This year Heatherwood will be involved in an Endangered Species program that involves working with Zoos Victoria. We have started investigating what our school can do to contribute, and how we can influence change. This is a community project so if you have any ideas, contacts, resources, that could support this project please let me know. At present students are going to make books about Australian species and how we can support their needs in the environment. This will link language and Visual Arts to the Positive, Animal, Well-being Support program.



I will be on leave for six weeks in term 2 so our animals will be cared for by Justin Mandry and his business

venture. It is great to support student initiatives. Rhyder and Sky will again be cared for by my family. There is only so much TV a cockatiel can watch. I am also pleased to report that Sky is talking in a tiny budgie voice..... Sky, hello Sky !



Sue Nicholls
PAWS Coordinator

SRC News

Thank You

A big thank you to SRC representatives, students, staff and parents for your support of Heatherwood SRC this term. It was very much appreciated!

SRC is changing

Starting from Term 2, the SRC will change the way it meets;

- Junior, Middle and Senior sections will meet at least once a fortnight, and
- All sections of the school will come together to meet at least twice a term

This way, hopefully we will have students from all sections running meetings and learning how to be leaders and mentors in our school. The dates for meetings, fundraisers and special events should be on **SRC board** before the end of Term 1.

Thanks Kirk Gunn

The SRC would like to thank Kirk for involving students in his plans for upgrading the gardens and areas of the school. Kirk always involved the students by attending SRC meetings with his maps and plans and enthusiasm. *Thank you* Kirk and all of Heatherwood SRC wish you ongoing success in the future!

We hope everyone at Heatherwood has a **SAFE** and **HAPPY** break over the school holidays!

Lynda Den Elzen
On behalf of Heatherwood SRC

M7 Driver Education ~ Term 1

Hi everybody from the M7 crew.

Over a 5 week period in Term 1 our class took part in the Driver Education Program.

Our mode of transport used was a 2 seater buggy. Although we had a test drive in Year 9, this was our first real experience of driving independently.

Our capable instructors were Ewan and Liza. They made us feel confident and gave us loads of support. Over the 5 weeks we learnt skills such as turning, reversing and braking safely. We also learnt some rules concerning pedestrians and giving way to traffic.

We believe this program has gone a long way to helping us obtain our learner permit.

A big thanks to Ewan and Liza who made the program both fun and safe.

The M7 Driving Crew

Congratulations

Congratulations to Grace Dean, Year 12 student, who has just signed up for a school-based apprenticeship in Hospitality.

In Year 11, Grace participated in two weeks Work Experience with the **Red Cup Café** in Box Hill, as a kitchen hand.

This was so successful, her employer Michael, agreed to take her on one day a week to improve her skills and knowledge as well as give her a weekend job. Grace has become a valued member of the staff at The Red Cup



Café and is always striving to improve.

Grace commented... “I have enjoyed working at the Red Cup. The staff are easy to get along with. They help me remember tasks easily by giving me certain foods to make each time. I really appreciate everyone that has helped me.”

This is a wonderful outcome for Grace which will lead to her chosen future pathway. Thank you to Michael and all his staff for their commitment and participation in our Work Experience program.

Senior School Friday Rec

The Bowling Group has enjoyed their time at AMF Forest Hill this term.

There have been plenty of strikes, cheers and smiles each week."

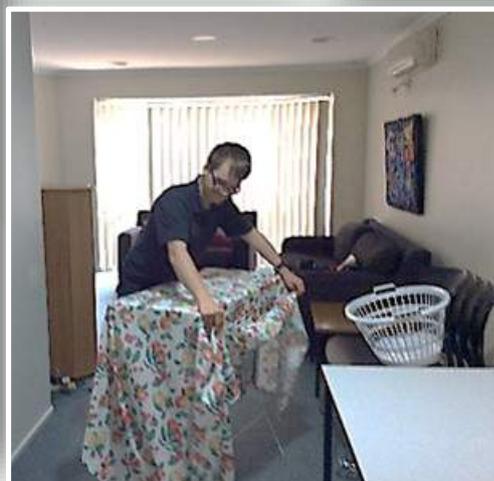


Heatherwood HOUSE Program

This term, four Senior groups have participated in the House Program as part of their VCAL Certificate incorporating Work Related Skills, Personal Development, Numeracy and Literacy.

Students have been developing skills in the area of home management, with emphasis on general house cleaning, laundry, bed making, simple meal preparation, and developing housekeeping skills for personal independence.

Hopefully students will continue to practise their home making skills at home.





Hospitality

The new students have been settling in well to the busy and hectic life of a hospitality worker.

This term, we have been taking on the challenge of making different foods from different cultures. We have been visiting Asia this term with *yummy* foods coming out of our kitchen, such as pork dumplings, Thai chicken sausage rolls and Vietnamese rice paper rolls. The students have been busy completing the assignment on hygienic practices for Food Safety

It has been exciting to observe the students *soak up* all the new procedures that are applied in a working kitchen.

Harmony Day

Abdi Aden

Abdi's world fell apart when he was only fifteen and Somalia's vicious civil war hit Mogadishu. Unable to find his family and effectively an orphan, he fled with some sixty others, heading to Kenya. On the way, death squads hunted them and they daily faced violence, danger and starvation. After almost four months, they arrived in at refugee camps in Kenya - of the group he'd set out with, only five had survived.

Despite what he has gone through, Abdi is a most inspiring man, who is constantly thankful for his life and what he has. Everything he has endured and achieved is testament to his quiet strength and courage, his resilience and most of all, his warm-hearted, shining and enduring optimism.

Abdi spoke to Heatherwood students on Harmony Day.

Here are some thoughts of the day...

I felt sad but I was really proud of him to tell his story.

I felt it was very interesting.

My favourite part was the fact the he found out his sister and mother were alive.

It was sad how Abdi said his best friend died after his best friend had told him he will see him later.

I am glad that he came to our school to tell us about his story. He is a good and brave man and a good speaker who made a book.

I enjoyed the talk because I did not know that people had to live like that in other countries.

I did enjoy his talk but it was a bit sad at times, like when he thought his family was dead. He was a little bit funny and made some good jokes. Some of his experiences sounded a bit scary. I learnt a lot of stuff about Somalia and what some refugees go through, so thank you Abdi Aden for telling us about it.



Science News

The Science Lab is place of wonder and exploration. Science provides an empirical way of answering interesting and important questions about the biological, physical and technological world. The Science curriculum provides opportunities for students to develop an understanding of important scientific concepts and processes, the practices used to develop scientific knowledge, the contribution of science to our culture and society and its applications in our lives.

Year 7's topic for this term has been **I'm Alive**, looking at what makes something alive, how we classify living things and how do humans impact on the different environmental habitats.

All living things are made up of cells, a hard concept to grasp. One fun activity was students making their own cells using jelly for the cytoplasm and a choc malt ball for the nucleolus. This not only provided a great visual but once set, the students enjoyed eating them.

Year 8's topic for this term is **Properties of Matter** and the three common states of matter; gas, liquid and solids.

The students have gained an understanding that matter is made up of particles and when you apply energy, (heat), or pressure matter can change. Students have conducted many experiments changing the states of matter. The biggest '*mind bender*' though has been deciding if Oobleck is a liquid or a solid. Oobleck is a simple mixture of cornflour and water. When pressure is applied it turns to a solid, however, remove pressure and it reverts back to a liquid.

Year 9s this term have been looking at **Earthquakes**, why they happen and where they occur. Students have come to understand the Earth is made up of many tectonic plates which are constantly moving.

Did you know that Australia sits on the fastest moving continental tectonic plate in the world?

Australia is moving **north by about 7 centimetres each year**, colliding with the Pacific Plate, which is moving west about 11 centimetres each year. Our next door neighbour, New Zealand, experiences up to 20,000 earthquakes each year of which about 250 are felt.

To measure Earthquakes seismologists use *seismographs* to record movement. The Year 9s made a simple seismograph, stimulated an earthquake and recorded the movement. A very enjoyable experiment.

Year 10s this term have been studying **Genetics and** how **DNA**, (deoxyribonucleic acid), chromosomes and genes create each of us as unique individuals. We discovered there are inherited traits we receive from our parents and extended family tree, such as hair and eye colour, and how the environment impacts on other traits, for example, our weight and personality. We

looked into cloning and accessing an interactive website, cloned our own mouse! This section of the topic raised many ethical questions and interesting class discussions followed.

Minibeasts are slowly infiltrating the Science Lab. We have currently two juvenile stick insects, a male and female. The students enjoy trying to find them in their enclosure. Hopefully in a few months' time they will begin to breed and increase our population.

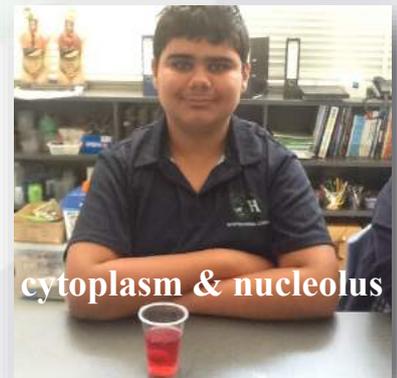
We have ordered a giant ant farm and are looking into breeding our own mealworms.

"The art and science of asking questions is the source of all knowledge".

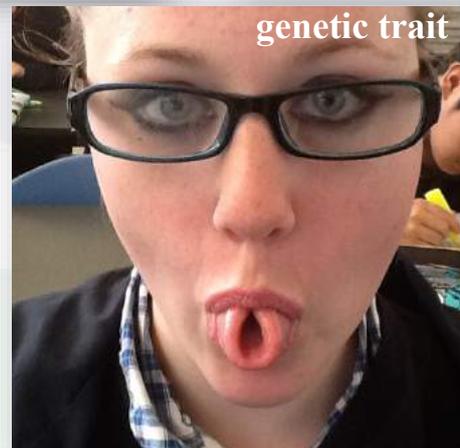
Thomas Berger



oobleck



cytoplasm & nucleolus



genetic trait



Seismograph

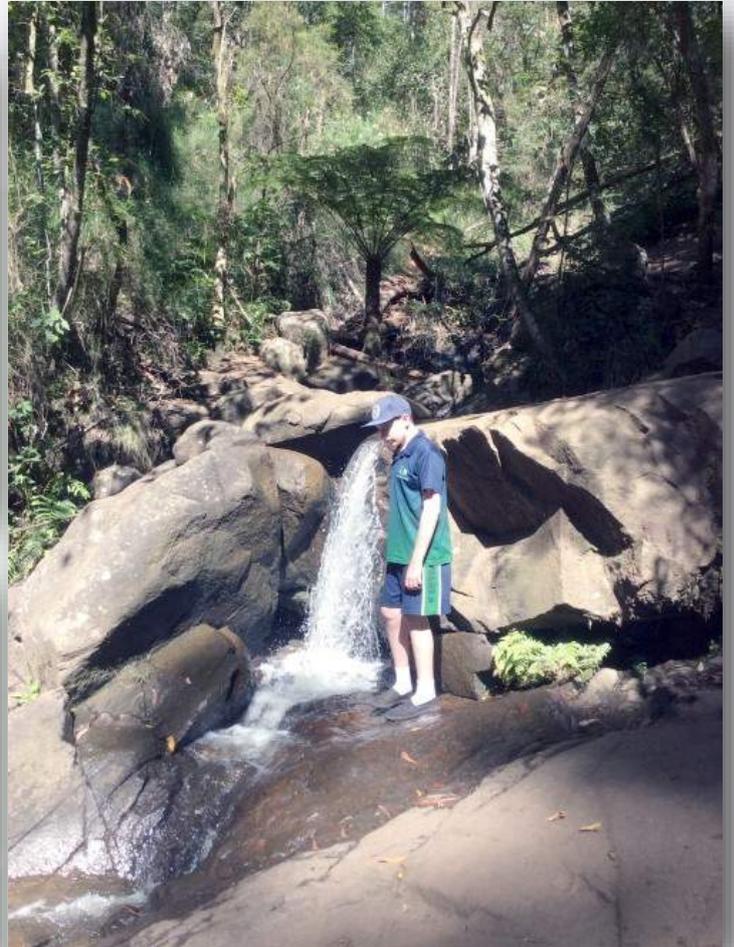
Outdoor Education

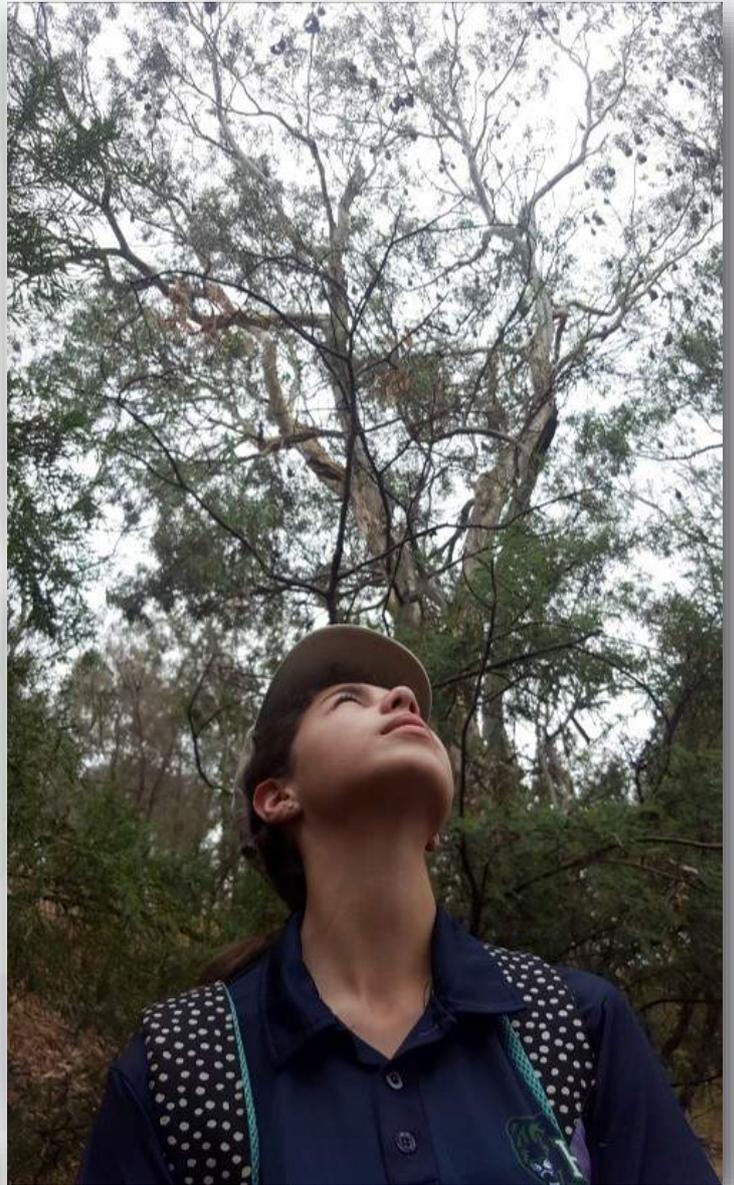
Students across Year 8 and Year 9 have had a busy Term 1 being engaged and active on a variety of Outdoor Ed excursions, taking advantage of the summery weather.

- J4 enjoyed the stunning views and soft sand of Sorrento front beach
- J5 braved rain and wind to have an exciting hike at Ricketts Point
- J6 had a short but challenging swim in windy conditions at Beaumaris
- J7 took an amazing hike through the bat colony at Yarra Bend Park
- Year 9 groups have planned and practised for surf safety down on the Mornington Peninsula before applying their knowledge in the waves at Torquay in perfect conditions. They have also explored Mt Dandenong and the wilderness east of Warburton past Reefton.

Outdoor Ed encourages students to plan ahead and take responsibility for their own outcomes.

**Well done on a great job
to all participants this term.**





Outdoor Education



HOMECRAFTS

Homecrafts & Skills Kitchen will not run for the first 4 weeks of Term 2, recommencing on Monday 15 May. Parents have received a letter. Credits will be provided. Students will be able to gain extra classes in core areas, such as English and Maths

Anzac Biscuits

Ingredients

- 1 Cup Plain Flour
- 1 Cup Rolled Oats
- $\frac{3}{4}$ Cup Sugar
- 1 Cup Coconut
- 125g Butter
- 1 – 2 Tablespoons Golden Syrup
- 1 teaspoon Bicarbonate Soda
- 2 Tablespoon Boiling water



Method

1. Preheat oven to 160°C
2. Line baking tray with baking paper
3. In a large bowl – Mix flour, oats, sugar, coconut
4. Cut butter into small pieces and put into microwave jug
5. Add 1 Tablespoon Golden Syrup
6. Measure 1 teaspoon bicarb soda and put into measuring cup
7. Melt butter and golden syrup in microwave for 1 minute
8. Boil jug - add 2 Tablespoons hot water to bicarb soda
9. Stir to dissolve and add to melted butter
10. Add to dry ingredients and mix well
11. Drop spoonful's of mixture onto tray, allowing room for biscuits to spread
12. Bake at 160°C for 15 – 18 minutes
13. Stand on tray for 5 minutes and - Cool on cake cooler
14. Store in airtight container

San Choy Bau

Ingredients

- 1 iceberg lettuce
- 1 tablespoon olive oil
- 3 green onions, thinly sliced diagonally
- 500g pork mince
- 1 small carrot, peeled, grated
- 1 zucchini, grated
- 1 small red capsicum, deseeded, finely diced
- 125g can corn kernels, drained
- $\frac{1}{3}$ cup oyster Sauce
- $\frac{1}{4}$ cup tomato sauce



Method

1. With core of lettuce facing down, bang core on a flat surface. This will make it easy to remove whole core by twisting and pulling out. Remove damaged outer leaves. Discard. Separate leaves and place in a large bowl of icy cold water. Refrigerate until required.
2. Heat oil in a frying pan over medium heat. Add green onions. Cook for 1 minute. Increase heat to high. Add pork. Cook, stirring, for 4 minutes or until browned. Add carrot, zucchini, capsicum and corn. Stir well.
3. Combine oyster sauce and tomato sauce in a jug. Add to mince mixture. Stir well. Bring to the boil. Reduce heat. Simmer for 2 minutes.
4. Drain lettuce leaves. Pat dry with paper towel. Place lettuce cups on a platter. Spoon mince mixture into lettuce cups. Serves 4

Retro-Selfies



Year 8 iPad Art

Trade Kitchen Term 2 Menu Weeks 1-3 \$4.50

Students please order and pay at Trade Kitchen in the Morning. Pick up at lunchtime. Students are to eat their lunch in the café area.

Monday

Vegetarian nachos with avocado salsa and sour cream



Tuesday

Soup of the day with crusty roll



Wednesday

Roast chicken ciabatta roll with mozzarella basil and tomato



Thursday

Filled baked potato with mince, cheese, coleslaw and sour cream.
#\$4.00



*Please note these menus are subject to change due to fresh food provided by the school garden.

* Food prepared in kitchen that uses eggs and ingredients that may contain traces of nuts.

Trade Kitchen

As we come to the end of another fantastic term in the Trade Kitchen, I would like to recognise the following students who have been awarded 'Chef of the Day' for their enthusiasm, work ethic and cooking skills demonstrated while participating in the program.

M6 **Shant** Gedik
M6 **Kevin** Trinh
M7 **Robert** Weller
M7 **Amelia** Orchard
M8 **Khalisha** Mohd F. Segaran
M8 **Rachael** Potter
M9 **Naomi** Skinner
M9 **Amy** Biddle
S5 **Brendan** Woodcock



In this newsletter are the **Trade Kitchen Daily Specials** for Term 2, Weeks 1-3.

Please note: *while we try to 'stick' to the menu, sometimes it may change due to the fantastic fresh produce the school garden will provide us with throughout the term which we have to not use!*

Students order the **special** like they would a student lunch order;

- pay at the canteen before school
- pick up at lunch-time.
As the daily specials are served on ceramic plates, students are reminded to eat only in the café area, for safety reasons



Gemma Clements

Trade Kitchen Teacher

Images

M8 utilising the café space to enjoy their tacos made in Homecrafts

Blackburn 10,000 Touches School holiday clinic Wednesday April 5, 2017—Cost \$15

BLACKBURN



FOOTBALL CLUB



<http://www.trybooking.com/269399>

Blackburn's 10,000 Touches Program is back with a two hour session jam packed with quality specialist coaching centred around the vital skill of kicking.

Young Specialist Coaches, Jack Roughsedge—Oakleigh Chargers Assistant Coach and

Katherine Smith—Victorian Female Coach of the Year 2015.

When: 11.00am till 1.00-pm Wednesday April 5, 2017

Where: Morton Park, Central Rd, Blackburn

Bookings: www.trybooking.com/269399

11am to 1pm



VICTORIA

Holiday

PROGRAMS

Access All Abilities
Holiday Program

Blackburn AAA Program

**Morton Park, Central Road,
Blackburn Football Club**

Wednesday 5th April

11.00AM-1:00PM

\$15.00

**For Enquiries Please contact
Carolyn Finis on 0431 311 969 or
Pat Mannix on 0411 748 790**

REGISTER NOW

<https://www.trybooking.com/264894>



Junior Rockers

primary music
education specialists



APPLY FOR MUSIC
LESSONS NOW!

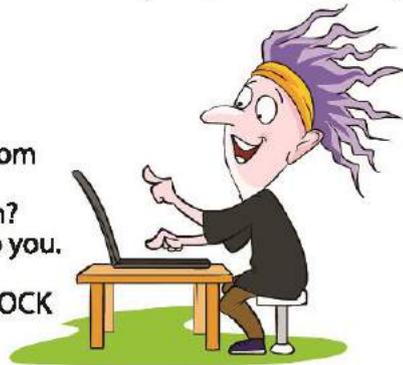
Junior Rockers runs instrumental music lessons right here at school.

To find out all about our music lessons, head to our website. From there you can check which instruments are available at your school, get up to date pricing and apply for lessons online.

www.juniorrockers.com

Rather chat in person?
We'd love to speak to you.

Call us on 1300 GO ROCK
(1300 46 76 25)



City of Port Phillip | City of Bayside | City of Glen Eira | City of Stonnington



JCAAA Saturday Night Fever 2017!

Saturdays:

~~11 February~~

~~18 March~~

22 April

20 May

17 June

Location: St Kilda Sports Club
66 Fitzroy Street, St Kilda.

Age: 18 years +

Time: 7.00pm to 10.00pm

Cost: \$15.00 entry, includes pizza, snacks
and glow stick (carers free)

Prepayment: [eventbrite](https://www.eventbrite.com)

Note: There is no strobe lighting or balloons.

Please contact JCAAA on 9209 6706 / 9209 6159 or email
jcaaaenquiries@portphillip.vic.gov.au for further details.

For enquiries on the night please contact 0401 063 412.

This number is only on during Saturday Night Fever hours.



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