

Heatherwood News

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Heatherwood School SRC 2020

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Important Dates

26th Jun (Friday) Term 2 Ends
Students dismissed at 1:45pm*
***Students can therefore be expected home one hour earlier**

13th Jul (Monday) Term 3 Starts
18th Sep (Friday) Term 3 Ends

MESSAGE FROM THE PRINCIPAL



This has been a term of change and with changes has come learning for all members of the community. As a school we gained some insight faced by families supporting their students learning at home and how new technologies can be used to reinforce and engage students in their learning, but that it does not replace explicit teaching. The need to individualise programs and strategies to support student learning was again strongly reinforced.

Students have been generally very positive about returning to school, especially to see their friends and have taken using the new hygiene practices as part of their everyday routines. Thank you for your ongoing support particularly in this area.

We appreciate your co-operation both in following the new student pick up and drop off process and for your understanding of limiting parent and visitor accessing school grounds and the office.

While there are still some uncertainties about programs for Term Three be assured that the well-being of our students and staff will continue to be of a high priority.

Without your support the transition in then out of remote learning could not have been as successful as it has been.

I hope you enjoy the holiday break and look forward to a hopefully more settled third term.

Paul Hills - Principal

SRC NEWS

It has been a very different Term 2 for Heatherwood SRC students and staff! Communication for the SRC has involved using Google Classroom and Zoom to communicate and hold meetings. During this time, our newly elected Year 7 SRC students received their badges and our Ambassadors were formally acknowledged. Remote learning provided a time for reflection, ideas and proposals as a priority for Term 3. A highlight of this term, has been the growth of all SRC students displayed in the support they gave David, Braham and students once school resumed. Each day, on Google Classroom, there were lovely messages and offers of help and support for both students and staff. There was also a lot of letters written relating to the environment, local communities and other areas Heatherwood students are passionate about.

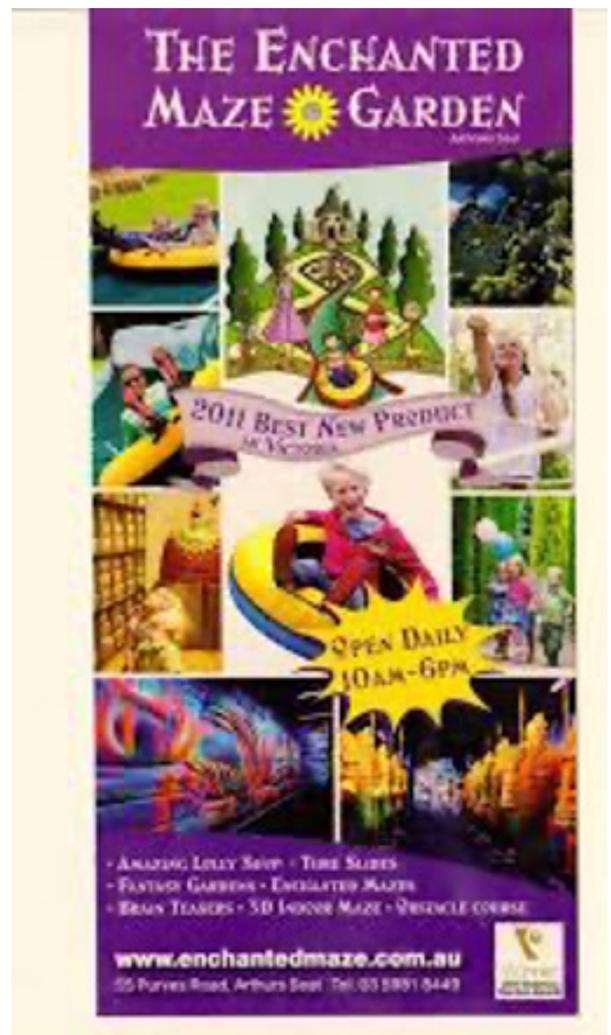
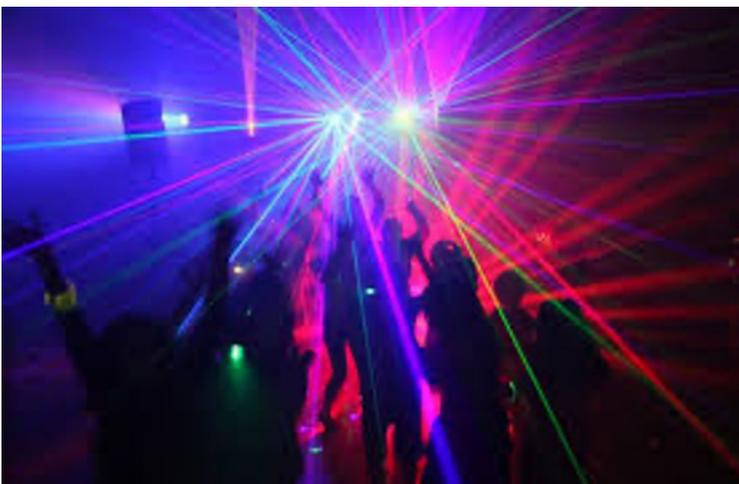
Heatherwood SRC would like to wish all students a safe and relaxing time over the school holidays and we look forward to lots of new ideas and achievements in Term 3 and 4!

Lynda Den Elzen - SRC

PORTSEA CAMP 2020

Join us at the Senior Camp this October 26th – 28th. Portsea Camp is a fun filled camp by the sea. Expressions of interest have been sent home with senior students in Years 11 and 12. This year's camp activities include a visit to the Enchanted Adventure Garden – (Tree Surfing, Assorted Maze's, and Tube Slides), Beach sunset visit, Tony's famous ghost tour and a themed Disco night. Return your deposit by Friday 17th July to confirm your spot. For any queries please contact Emma Collins on 9842-8319.

Emma Collins - Senior School



CONGRATULATIONS TO THE SCHOOL COMMUNITY

for the contribution you have made this semester. Six weeks in home learning and five weeks back at school have made this term feel like a very long time. We appreciate the support you gave to your child / young person in care to help in learning at home. We have really enjoyed the contact with families, the regular Zoom sessions and felt that our communication has helped us to understand all students a little better.



We are now reflecting on home learning, what worked, what didn't, what processes we want to keep, what we want to leave behind us. We welcome your feedback. We are now helping all students resettle into school. We know the impact has played a part in health, well being, social friendships, personal confidence as well as learning in a range of subjects. Students are steadily settling back into routines and catching up on work missed in home learning. We do know that some students really enjoyed working at home, particularly those who live a long way from school. The daily routine, being able to get up a little later, was very appealing for some students. Parents and carers have been invaluable during this time and we thank you all for your help and support.

The reports have been completed, emailed and we have taken on board your feedback from home learning. Thankyou once again for the enormous support you have offered to learning this term and we look forward to students returning to school for second semester.

Lesley Foster - Assistant Principal

HOSPITALITY

To finish on a high note all students made their own pastry from scratch, creating a wonderful apple pie. Well done for surviving such an eventful term.

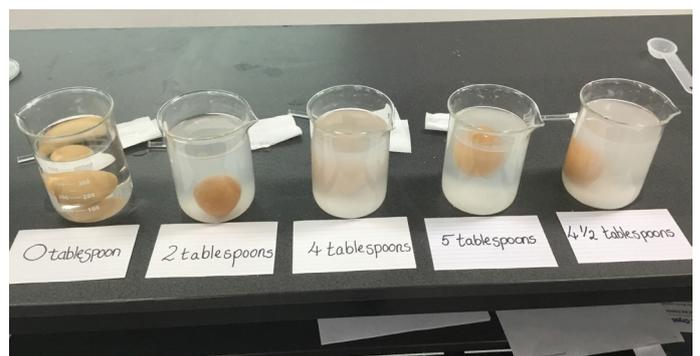
Danielle DiCosmo - Hospitality



STEAM

Big congratulations to all students, and their wonderful parents and caregivers who assisted them, in completing many of the Science and STEAM tasks assigned during off site learning. The feedback we received was very positive and the Science team thanks you. Science and STEAM classes have concluded Term 2 with a variety of experiments focusing on Discrepant Events. As your young student will be able to tell you, a Discrepant Event is when the outcome of an experiment or problem, is one that you would not normally expect. Students had to get creative in coming up with solutions to problems which at first did not seem logical. For example, middle school students had to figure out how to walk through a piece of A4 paper. Yes! It can be done. These problem-solving activities require students make predictions based on their previous knowledge and build on this. They have to carefully follow instructions, communicate with peers, make judgements and record their outcomes, in a scientific format, as to whether they were successful or not. Next Term is a very exciting one for Science and STEAM. We have Science Week in Week 6 and we now have a 3D printer, which we will be using next term for some very exciting activities. Have a lovely break.

Patrizia Sendeckyj - Science



FOOD TECHNOLOGY

Liz McLean was welcomed to 'White Kitchen' back in March.

How are you enjoying Heatherwood Liz? – Her answer

I would like to take this opportunity to introduce myself. My name is Liz McLean and I was fortunate enough to obtain a position as Food Technology teacher alongside Lynn at Heatherwood School just before the end of Term 1. Previous to this I worked at Berendale School in the same cohort.

Times have been unusual to say the least since I started my position at Heatherwood! The staff have been extremely welcoming and I was fortunate enough to develop a great rapport with students before remote learning came into action. I feel that remote learning, although unsettling, gave me the opportunity to further connect with students. I have been blown away by the resilience both students and staff have shown during these unusual times.

While remote learning became the new classroom, students had the opportunity to share their experiences at home, helping in the kitchen. Both Lynn and I greatly enjoyed photos and videos that students forwarded to us showing their skill sets in their home kitchens. Students also positively engaged with YouTube videos and quizzes provided via Google Classrooms. What a bright bunch of students we have at Heatherwood School!

Coming back to school after remote learning, everyone has easily slipped into good handwashing and sanitising practices – routines that were already habits in the kitchen as part of kitchen hygiene.

All classes began with practical research into dishwashing practices and routines including fun experiments to observe the action of detergent.



	Sugar grams per serve	Fibre grams per serve	Salt mg per serve	Comment	SCORE
Corn flakes	2.8 ●	1.8	192	crunchy	3.5
Rice Bubbles	3.7 ●	0.9	185	dry /crunchy rice	2
Weet Bix	1.0 ●	3.3 ●	81 ●	dry / crunchy/sticky.	4
Multi Grain Weetbix	4.8 ●	4.3 ●	125	Nutty /seedy/Flavour	3.7
All bran	7.5	13.5 ●	162	Yoghurt Sugary wheaty	1
Ultra bran	6.3	11.5 ●	144	Gross /dry hard /bitter	0.7
Guardian	4.7 ●	8.7 ●	80 ●	Very-like, crunchy, yummy.	4
Muesli -toasted	9	4.7 ●	36 ●	Crunchy/sweet, seedy	2.5
Muesli - raw	10.8	7.0 ●	18 ●	crunchy, delicious, sweet.	3
Just Right	11.5	4.1	12 ●	crunchy, fruity	3
Nutrigrain - Kelloggs	12.8	1.1	192	crunchy, sweet, bit like popcorn	5
Nutrigrain - Coles	8.4	1.3	115 ●	crunchy, sweet more powerful taste	5
Coco Pops	11.4	0.5	127	chocolaty crunchy rice	3



Food preparation resumed with the following focus:

Year 7 - Breakfast

tasting and comparing breakfast cereals / reading labels

making porridge / learning to use the stove top

Year 8 – Breakfast and simple snacks (using stove tops)

Making French toast

Mixing a batter and cooking pikelets (this was lots of fun – while learning to manage the stovetop and cook in a frypan)

Year 9 – Cooking basic foods such as pasta and rice

Pasta bake

Cooking Rice – Risi e Bisi and Fried Rice

Year 10 – Meal preparation and evaluating food including using the microwave

Quiche in a mug

2 minute chocolate cake in a mug

Twice cooked jacket potato

The return to school resumption of normal classes in Food Tech has been somewhat of a slower process than we had hoped but we look forward to the ongoing development of cooking skills, and urge parents and carers to encourage students to continue to help in the kitchen at home. This is important in continuing to build both their confidence and skill level.

Lynn Penrose, Liz Mclean - Food Technology